

Please amend the above-identified application as follows:

**In the Claims:**

Please amend claim 1 as follows:

- A1
1. A process for preparing a comestible product containing long chain alcohols comprising:  
providing a long chain alcohol;  
providing an edible oil containing less than about 12 weight percent linolenic acid that is substantially free of medium chain triglycerides composed of C<sub>8</sub> to C<sub>10</sub> fatty acids;  
admixing said high molecular alcohols in said edible oil to form a high molecular weight alcohol/edible oil admixture that contains less than two weight percent high molecular weight alcohol, free of an emulsifier, and has a viscosity of less than 200 centipose measured at 70°F;  
and combining said admixture with other components of a comestible product.

[ Please amend claim 2 as follows: ]

2. The process of claim 1 wherein the long chain alcohol is policosanol.

[ Please amend claim 3 as follows: ]

3. The process of claim 1 wherein the long chain alcohol is octacosanol.

Please amend claim 12 as follows:

- A2
12. Method for preparing a long chain alcohol in an edible oil material comprising:  
providing an edible oil substantially free of medium chain triglycerides composed of C<sub>8</sub>-C<sub>10</sub> triglycerides and containing less than about 10 weight percent linolenic acid;  
providing a long chain alcohol;  
admixing said edible oil and long chain alcohol in the presence of an energy source such that the long chain alcohol is admixed in the oil; said long chain alcohol/edible oil admixture is stable and free of an emulsifier or surfactant; and having a viscosity of less than about 200 centipose as measured at 70 °F.